



Ampney Crucis C of E Primary School

School Lane, Ampney Crucis
Cirencester, Glos. GL7 5SD

Tel. & Fax No: (01285) 851440

E-mail: admin@ampneycrucis.gloucs.sch.uk

Website: ampneycrucis.gloucs.sch.uk

Head Teacher: Mrs Tana Wood

A Voluntary Aided School

“Together we all live, learn and flourish”

28th April 2025

Dear Chestnut parents,

PSHE & RSE in Year 3 and 4

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social, Health and Economic Education (PSHE) lessons. This looks at many topics including Health and Well-being, Relationships and Living in the Wider World. The aim of PSHE is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship & Sex Education (RSE) is an important part of the PSHE Curriculum. Our school RSE policy and practice is based upon national guidance, good practice guidelines and is consistent with Gloucestershire Healthy Living and Learning (GHLL) recommendations. Over the coming weeks, Chestnut Class will be covering the following sessions:

Year 3 :

- Positive relationships
- Personal space
- Managing feelings and emotions

Year 4:

- Physical and emotional changes which take place during puberty (including the menstrual cycle)
- Physical differences between males and females
- Correct names for sexual organs

Prior to each lesson, the children will be reminded of the “Ground Rules”. The children will be able to ask questions that will be answered factually, using correct biological names, and in an age-appropriate manner. Everyone’s privacy will be respected, and no-one will be asked to reveal personal information.

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn from the session, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Although we do teach some of the sessions separately, to ensure that Year 3 are not given Year 4 content, it is likely that children will talk to each other about their sessions on the playground, so please be aware that this might happen. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any further queries, including looking at related resources, please do not hesitate in contacting me at school.

Yours sincerely,

Mrs Karen McKay
Class Teacher